Toxins and Environmental: SNAKEBITE (VENOMOUS)

Goals: To aid EMS Providers in the recognition and treatment of patients with a bite by a venomous snake, in order to minimize spread of venom into the central and lymphatic circulation, and to identify and treat potentially limb- and life-threatening symptoms of envenomation

Inclusion Criteria: Any person with a proven or suspected venomous snake bite

Exclusion Criteria: Bites by snakes confirmed to be non-venomous. When in doubt, transport!

Refer to: Allergic Reaction, Shock and Pain Management CPGs for additional guidance

Clinical Presentation

- Bites typically occur while walking in an area known to be inhabited by venomous snakes
- Signs of envenomation of an extremity bite from the majority of U.S. native pit vipers include:
 - Sudden onset of pain
 - Swelling
 - o Ecchymosis
- NOTE: Fang marks and local swelling may be absent
- NOTE: Victims may present with cranial nerve deficits or other paralysis, due to venom neurotoxicity
- NOTE: Very young and elderly patients are likely to have more severe envenomation.

Basic Level

- 1. Assess and support ABCs according to UNIVERSAL CARE ADULT or UNIVERSAL CARE PEDIATRIC
 - A and B (Airway and Breathing): Assess for and treat airway/breathing compromise due to anaphylaxis and cardiovascular collapse (rare, but life-threatening)
 - i. Administer epinephrine via auto-injector per Allergic Reaction CPG
 - b. C (Circulation): Initiate continuous ECG and SpO₂ monitoring; monitor for signs of hemorrhage
 - c. D (Disability): Document GCS and neurologic deficits
 - d. E (Exposure and Environmental): Immediately remove jewelry/restrictive clothing from the extremity
 - e. Obtain POC Glucose and treat according to Diabetic Emergencies CPG
- 2. Place the patient in a position of comfort
 - a. If there is evidence of shock, position the patient supine with the feet elevated
 - b. Closely monitor airway status and respiratory effort
- 3. Immobilize the extremity with a splint or other immobilization device and maintain the extremity parallel to the ground at the level of the heart or slightly elevated (no more than 15° of elevation):
 - a. Do NOT constrict circulation with a tourniquet, Ace bandage, cravat or other device
 - b. Do NOT apply ice or heat to the affected extremity
 - c. Do NOT incise the wound or apply suction
- 4. Administer supplemental oxygen to maintain SpO₂ of at least 94% (continuous monitoring)
- 5. Secondary Survey
 - a. With pen/marker, outline the area of swelling on the patient's skin and NOTE the TIME
 - b. Assess for pulses, capillary refill and sensation in the affected extremity
 - c. Assess for persistent oozing from the bite site
- 6. Obtain SAMPLE and other pertinent history:
 - a. Did patient see the snake?
 - i. If so, document: colors, scale pattern, patient's location when bitten (near water, on dry land, etc.), and TIME BITTEN and TIME TO ONSET of SYMPTOMS
 - b. If snake can be located, attempt to obtain photos (from a safe distance), using smartphone or camera
 - c. If photography is unavailable and snake has been killed, consider transporting dead animal in a secure container for expert identification
 - d. CAUTION: NEVER ATTEMPT TO PICK UP A PRESUMED DEAD ANIMAL WITH BARE HANDS!*
 - i. PRIMITIVE BITE REFLEX MAY PERSIST FOR HOURS AFTER ANIMAL DEATH
- 7. Once advanced level care arrives on scene, give report and transfer care

Advanced Level

- 8. Continue assessment and management of airway compromise due to anaphylaxis or cardiovascular collapse
 - a. For suspected anaphylaxis with upper and/or lower airway compromise and hypotension/shock:
 - i. Epinephrine (1 mg/mL): Adults Administer 0.3-0.5 mg (0.3-0.5 mL) IM
 - i. Pediatric (Infants and children under 14 years of age) Epinephrine (1 mg/mL)
 Administer 0.01 mg/kg (0.01 mL/kg) IM (maximum dose = 0.3 mg (0.3 mL))
 - ii. Additional management of anaphylaxis: Refer to Allergic Reaction CPG
- 9. Establish IV/IO access in an unaffected extremity:
 - a. For shock/hypotension, administer Normal Saline 20 mL/kg (maximum of 1000 mL (1L) per bolus)
 - b. Reassess and document perfusion status (BP, HR, RR, mental status, skin color, capillary refill, etc.)
 - c. Repeat fluid bolus once, if no response
 - d. For additional fluid administration, consult BioTel
- 10. For refractory shock or hypotension after fluid administration, consider vasoactive medication infusion:
 - a. Norepinephrine bitartrate infusion IV/IO, starting a 2 mcg/min
 - b. Consult BioTel for dosage calculations and administration details
- 11. Monitor for and treat respiratory compromise, and initiate continuous waveform capnography (ETCO₂) monitoring according to UNIVERSAL CARE ADULT or UNIVERSAL CARE PEDIATRIC
- 12. Monitor for and treat cardiac dysrhythmias
 - a. Obtain 12-Lead ECG, if possible
- 13. Secondary Survey
 - a. Frequent reassessment and documentation of response to interventions
 - Frequent reassessment and documentation of progression of swelling (with time noted)
- 14. Treat pain according to the Pain Management CPG
- 15. Transport to a Level I or Level II Trauma Center
 - a. Consult BioTel for destination decision-making guidance and assistance

*Additional Patient and Rescuer Safety Considerations

- 1. If the live animal is in the vicinity, do NOT attempt to capture it (except with a camera)
- 2. If the animal is dead, lift the body with a long stick or other long object and place it into a sturdy, sealable container
 - a. Transport the dead animal with patient for expert identification
- 3. Collection of NON-NATIVE venomous snakes is a popular hobby among reptile enthusiasts
 - a. If dispatched to the scene of a bite by a NON-NATIVE venomous snake:
 - i. Attempt to establish the location of the offending snake
 - ii. Use GREAT CAUTION retrieving the patient if the snake's whereabouts are unknown
 - ii. Once the patient and rescuers are in a safe location, attempt to obtain information from the patient or persons on-scene about:
 - 1. The scientific name and/or common name of the non-native snake
 - 2. The toxicities associated with this type of non-native snake (collectors usually know this)